Radio Alba Schedule
25th October 2026

Morning Hour at 7.00: (repeated until 12.00noon)

7.00: Morning Prayers

7.15: Morning Children' Prayer

7:20: Reflection with Canon Bob Hill

8.30: Radio Alba Magazine

Lunchtime Show (repeated until 2.00pm)

12.00: GCT and Pause for Hope

12:15: This Week's Office Reading

12.30: The Word - Book Show with Elissa Soave

12.30: Archive Music hour

Evening hour at 8.00 (repeated until 8.00pm)

18.00: GCT and Pause for Hope

18:15: This Week's Office Reading

18.30: The Word - Book Show with Elissa Slone

The Nighttime Show

8.00: Vespers of the week

8.20: Compline & Night Prayer

8.30: Radio Alba Magazine